

Resources Available by School

School Counselors – Each high school has at least one school counselor that is assigned to your child. This counselor should be your first point of contact for issues that may arise for your youth during the school year. They have other in-school resources available should your child need additional assistance.

School Based Outpatient Therapists - Available at both HHS and CHS, these therapists provide immediate school based crisis response services, mental health screenings, mental health counseling services, brief chemical dependence/substance abuse screenings, early drug/alcohol intervention services, and substance abuse counseling services.

Capital High School

School Counselors

Jeramie Robinson, 324-2493, jrobinson@helena.k12.mt.us, A-D
Dana Meldrum, 324-2491 dmeldrum@helena.k12.mt.us, E-K
Jamie Bawden, 324-2492, jbawden@helena.k12.mt.us, L-Ri
Chance Ferlicka, 324-2490, cferlicka@helena.k12.mt.us, Ro-Zi

Nurse

Kathy Boutilier, 324-2481, kboutilier@helena.k12.mt.us

School Based Outpatient Therapist

Juliana Hallows, 324-2489, julianah@intermountain.org

Comprehensive School and Community Treatment (CSCT)

Kati Seliskar, Therapist
Kasey Fowler, Mental Health Specialist

Helena High School

School Counselors

Kathryn Miller, 324-2227, kmiller@helena.k12.mt.us A – E
Shane Dempsey, 324-2224, sdempsey@helena.k12.mt.us F – K
Jason Murgel, 324-2226, jmurgel@helena.k12.mt.us L – R
Christina Murgel, 324-2223, cmurgel@helena.k12.mt.us S – Z

Nurse

Julie Chaffee, 324-2216, jchaffee@helena.k12.mt.us

School Based Outpatient Therapist

Joanne Hynes, MSW, 442-7920, Joanneh@intermountain.org

PAL

School Counselor

Heidi Opitz, 324-1650, hopitz@helena.k12.mt.us

Nurse

Julie Chaffee, 324-2216, jchaffee@helena.k12.mt.us